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Naturally, it focuses on the
approach of Traumatic
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there is a lot of excellent

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material that will be useful
even to the therapist who
has never before heard of
TIR and may not be
particularly interested in
learning about it.

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there is a lot of excellent material that will be useful even to the therapist who has never before heard of TIR and may not be particularly interested in learning about it.

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CMF Publisher: Loving Creative
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978-1-932690-30-9 TIR is the
acronym used for the phrase
"Traumatic Incident
Reduction". TIR is a
therapeutic modality
utilized by professionals in

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trauma early, rather than
late? We are understanding
more and more about how
early tr...

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**Children and Traumatic
Incident Reduction eBook by
Marian . . .**

Traumatic Incident Reduction
provides a safe space and
the means to fully examine
that which had been blocked.

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A past incident loses its ability to hurt us at the point where we have looked it through and through. In the process, we release our resistance as well as the painful emotion and negative thought patterns contained

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**What is Traumatic Incident
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there is a lot of excellent material that will be useful even to the therapist who has never before heard of TIR and may not be particularly ...

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TIR Traumatic Incident
Reduction Therapy involves a
very specific but fairly
simple procedure that helps
people resolve painful

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Incidents. The first step is
to identify a traumatic
incident. Next, we identify
when it happened, how long
it lasted and where you were
at the time. Then you will
be asked to imagine going to
the start of that incident.

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and children unfortunate
enough to live in unsafe
environments live through

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And ...**

Abstract: "Traumatic

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Incident Reduction (TIR) is
a trauma resolution method
that appears to be well
tolerated and has yielded
relatively rapid benefit in
two adult treatment studies.
This article reports on two
open trials using TIR with

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33 urban at-risk youth and
31 unaccompanied refugee
minors.

An examination of Traumatic
Incident Reduction (TIR)

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Techniques And how they can
be applied to childhood
trauma including abuse,
domestic violence, and
traumatic stress. Emphasis
on combining cognitive and
creative techniques for
maximal effectiveness. This

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work is an anthology of work from several social workers who specialize in childhood trauma. Included are both practical techniques and detailed case histories.

Traumatic Incident Reduction

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(TIR) explores a powerful
regressive, repetitive,
desensitization procedure
becoming known in the
therapeutic community as an
extremely effective tool for
use in the rapid resolution
of virtually all trauma-

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related conditions. Replete
with case histories and
accounts of actual TIR
sessions, this book provides
a "camera-level" view of TIR
by describing the experience
of performing TIR.

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Victor Volkman has created a tool that takes the mystery out of one of the more remarkably effective clinical procedures in a way that can help millions of

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Incident Reduction and Creative
people revitalize and
improve their lives. To
those desperate people who
have experienced trauma or
tragedy, this process is a
pathway to dealing with
their feelings and getting
on with their lives. In the

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new book Beyond Trauma, Creative
Conversations on Traumatic
Incident Reduction Volkman
presents a series of
conversations with a wide
range of people from many
different backgrounds and
experiences. Each provides

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his or her perspective on
Traumatic Incident
Reduction, or TIR for short.
The book explains the
techniques used by
professionals and patients
to help people sort out,
resolve and overcome the

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negative effects of painful
suffering. Untold countless
people have to deal with
trauma in a wide variety of
situations: Soldiers who
experience war or injury,
families dealing with death,
chemical or substance abuse,

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parental neglect, child or
sexual abuse, terrorism,
crime and punishment. Beyond
Trauma: Conversations on
Traumatic Incident Reduction
(TIR), is unique in that it
addresses both people
suffering from the effects

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of traumatic stress and the
practitioners who help them.
This method has been
effective in dealing with
many areas of trauma,
including Post-Traumatic
Stress Disorder (PTSD), in
such diverse groups as

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veterans, children, 9/11
survivors, motor vehicle
accident and sexual abuse
survivors. TIR is a brief,
one-on-one, non-hypnotic,
person-centered, simple, and
highly structured method for
permanently eliminating the

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negative effects of past
traumas. Contributors
include world-renowned
experts in traumatology
including Windy Dryden,
Ph.D., Joyce Carbonell,
Ph.D., and TIR's developer
Frank A. Gerbode, M.D.

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Beyond Trauma highlights
stories of TIR helping
survivors to regain control
of their lives. This book
will be life changing not
only for survivors of
traumatic incidents but also
for the professionals

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committed to helping them.
"Not in 30+ years of
practice have I used a more
remarkably effective
clinical procedure."

--Robert H. Moore, Ph.D.

What people are saying about
this book: . "Beyond Trauma:

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Incident Reduction on Traumatic
Incident Reduction is an
excellent resource to begin
one's mastery in this area
of practice." --Michael G.
Tancyus, LCSW, DCSW, Augusta
Behavioral Health . "I have
found Beyond Trauma to be

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EXCEPTIONALLY HELPFUL in
understanding and practicing
TIR in broad and diverse
areas of practice, not just
in traditional trauma work.
The information from various
points of view is really
priceless." --Gerry Bock,

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Registered Clinical Creative
Counsellor, B.C. Canada
"Beyond Trauma offers PTSD
sufferers a glimpse at a
light at the end of the
tunnel, while providing
mental health workers with a
revolutionary technique that

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could increase their success
rate with traumatized
clients" --Jeni Mayer, Body
Mind Spirit Magazine .
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"Having read the book, I
feel that I have already
become better at working
with distressed clients." --

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Bob Rich, Ph.D.
Within this reference are
synopses of several
Traumatic Incident Reduction
research projects from the
early 1990s to today. Each
article, in the researcher's

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own words, provides new
insights into the
effectiveness of TIR.

I developed renewed faith in
the power of psychotherapy
after I attended a Traumatic
Incident Reduction (TIR)

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course in 2011. It opened
many doors for me as I began
to understand the impact of
previously overlooked,
objectively minor traumatic
incidents on psychological
disorders and problems. This
article is about the

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Implication of this powerful
tool over the entire
spectrum of psychological
problems and disorders and
how this brings about
impressive and permanent
change. The optimal use of
this tool in psychotherapy

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requires a shift in
epistemology in which we
begin to view mental health
through a trauma lens. The
definition of psychological
trauma can vary. From a TIR
perspective, trauma can be
defined as any incident that

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had a negative physical or
emotional impact on an
individual. This is a very
subjective issue as the
something could be perceived
as traumatic by one
individual, but as
commonplace and harmless by

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another. The important thing is the emotional and physical impact the incident had on the individual, its subjective impact. The reason it is so important to view trauma in the broadest way possible is because it

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explains the chronic mood
states of our clients as
well as how subconscious
intentions and automatic
emotional responses affect
their current lives. These
will be explained below.
Traumatic incidents, when

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understood in the broadest
sense possible, have a
massive effect on our
neurobiology, emotional
states and behavioral
patterns. Therefore, they
can be seen as the driving
force behind almost all

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psychological problems and
disorders. When I say
traumatic incidents “in the
broadest sense possible,” I
refer to the everyday
incidents of trauma that are
objectively perceived as
minor, such as an

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embarrassing comment by a
teacher, conflict with a
friend, breaking your
mother's expensive vase,
etc. It involves an
understanding of how the
emotional knocks we take on
a daily basis affect our

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neurobiology and continue to
have an impact on us in
later life. The
understanding of
subconscious intentions,
automatic emotional
reactions and responses and
chronic mood states are so

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crucial when it comes to
looking at mental health
through a trauma lens. Minor
and major psychological and
physical trauma involves a
complex description of the
effects on the brain. This
article includes detailed

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case studies including Creative
specific incidents such as
birth trauma and jealousy
and rage. We will look in
detail at how trauma results
in Goleman's "Amygdala
Hijacking" and how we can
help the client break

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destructive cycles. I also
explain why sheer willpower
is insufficient to change
behavior in the face of
traumatic restimulation.
Additionally, the article
explains how TIR avoids re-
traumatization even as

Where To Download Children And Traumatic clients revisit past Creative Incident Reduction And Cognitive Approaches

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An examination of Critical
Incident Stress Management
and Traumatic Incident
Reduction and how cross-
training could benefit

Where To Download Children And Traumatic Incident Reduction both CISM and TIR.

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Examine alternative
techniques for dealing with
post-traumatic stress
disorder Trauma Treatment
Techniques: Innovative

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Trends examines alternative
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approaches to “talk”
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therapies that help relieve
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stress in trauma survivors.
Experts in a range of
practice areas present
mental health providers with
methods that augment or go

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beyond traditional
techniques, including art
therapy, virtual reality,
humor, residential programs,
emotional freedom techniques
(EFT), traumatic incident
reduction (TIR), and thought
field therapy (TFT). This

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unique book serves as a
primer on new and creative
means of working with combat
veterans, survivors of child
abuse, victims of rape and
other violent crimes,
refugees, victims of
terrorism, and disaster

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survivors. Since the late
19th century, mental and
medical health
professionals, social
workers, clinicians, and
counselors have attempted to
help patients mitigate
symptoms and reduce distress

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by employing a variety of
treatment techniques,
methods, strategies, and
procedures. Trauma Treatment
Techniques: Innovative
Trends represents a
significant addition to the
available literature on post-

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traumatic stress disorder
(PTSD) and acute distress,
providing therapists with
much-needed options in their
efforts to help trauma
sufferers recover, find new
meaning, and reach for new
hopes and happiness. Trauma

Where To Download Children And Traumatic Treatment Techniques: Creative Innovative Trends examines: debriefing interventions in school settings instructions and safeguards for using emotional freedom techniques (EFT) when debriefing in disaster situations the use

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of creative art therapies to
reach out to war refugees
the use of virtual reality-
based exposure therapy (VRE)
to desensitize Vietnam
veterans with PTSD from
traumatic memories humor as
a healing tool repressed

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the body a six-step
methodology for diagnosing
PTSD a 90-day residential
program for treatment of
PTSD PTSD motivation
enhancement (ME) groups

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autism as a potential Creative
traumatic stressor and much
more Trauma Treatment
Techniques: Innovative
Trends is an invaluable
resource of inventive
techniques that offer hope
for recovery to anyone who

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has suffered life's worst
injuries.

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Gentling is a therapeutic
approach to people who have
experienced physical,
emotional, and sexual abuse
as children and have

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acquired Post Traumatic
Stress Disorder (PTSD) as a
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result. Gentling has
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redefined PTSD in child
abuse survivors by
identifying child-specific
behavioral signs commonly
seen, and offers a means to

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Individualize treatment and
measure therapeutic outcomes
through understanding each
suffering individual's
unique symptom profile. The
practical and easily understood
gentling approaches and
techniques can be learned by

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clinicians, spouses, and
adolescent and adult
survivors of child abuse and
all other caregivers in
relationship to survivors.
The approach can effect real
and lasting healing. With
theyGentling Workbook, you

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will: Learn how to gently
explore and process your
abuse history, at your own
pace and comfort level Gain
the practical, and effective
treatment tools that really
help to reduce PTSD
discomforts Learn how to

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manage the often intense
reactivity seen in stress
episodes Use the Stress
Profile to understand your
own unique symptom profile
and to guide your healing
process Praise for Krill's
Gentling model "William

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Krill reminds us that
'gentleness is free', but
the methodology and
philosophy he puts into
designing a protocol for
treating stress disordered
children is priceless. In
this world where children

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Trauma Care--and all too
often treated with the same
And Cognitive Approaches
Techniques as adults--Krill
Applications Series
makes a compelling case for
how to adapt proven post-
trauma treatment to the
world of a child." --Michele

Where To Download Children And Traumatic Rosenthal, HealMyPTSD.com

"William Krill's approach to treating PTSD in abused children employs a common sense oriented treatment that will not only help the child but will direct the clinician through the 'where

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do I go next?' question.
This book is so needed in
the world of PTSD and
provides step-by-step
understanding and treatment
of the battered child."
--Marjorie McKinnon, Author
of Repair for Kids: A

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Recovery from Incest &
Childhood Sexual Abuse Learn
more at www.Gentling.org
From the New Horizons in
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Healing Press
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Let's consider why Traumatic
Incident Reduction (TIR)
would be expected to be
different with an autistic
client. One of the hallmarks
of autism is a lack of
connection with the real

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world, so the world view of
an autistic individual is
limited and often very
inaccurate. A second
hallmark of autism is
difficulty with
intrapersonal and
interpersonal relationships

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so that insight into how to
make relationships better,
or work at all, would be
expected to be limited. So,
within a TIR session where
we expect our clients to
come up with their own
insights, that's really a

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meltdowns I've talked about;
as a Davis facilitator I
understand these as
prolonged and severe
disorientations, analogous
to a PTSD episode, in which
the emotional reaction is

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really out of sync with true facts and conditions in the current situation. Added to all this are the phobias and the extreme aversions that many autistic individuals experience, which can limit full participation in life.

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One of the things that makes working with autistic clients challenging is that often we simply have to wait until they give us that little window of time when they are able and willing to proceed. If I were to use

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the guidelines in my TIR
Workshop manual, I would
have to conclude that there
was not enough ego strength
or resiliency in these
individuals for them to be
able to engage for a
successful TIR session. You

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know what they say about
fools who rush in where
angels fear to tread... A less
foolish person than I am,
and especially someone new
to TIR, would likely never
have tried to use TIR with
autistic clients. However,

Where To Download
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Incident Reduction Creative
based on the wonderful
results I have seen using
TIR with many of my other
clients who do not have
autism, and some of the
really significant problems
that some of my autistic
clients were presenting, I

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decided to try TIR with a few of them. In the remainder of this lecture, we'll consider two specific case studies. Veronica, a sixteen-year old who basically lived as a recluse in her mother's basement,

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and Joshua, a young boy
obsessed with drum kits who
was given to periods of
extremely oppositional
behavior.

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