

Estrogens Storm Season Stories Of Perimenopause

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But the book is also an excellent educational tool, an aid for understanding this stormy season in women's lives and for decoding midlife mysteries. To quote Christiane Northrup, MD, “ Estrogen's Storm Season provides perimenopausal women (and their healthcare providers) with brilliant insights and practical solutions to help them weather the rigors of this important life stage. ”

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Book Review – Estrogen ' s Storm Season by Dr. Jerilynn Prior Dr. Jerilynn Prior is a Professor of Endocrinology and Metabolism at the University of British Columbia in Vancouver. She is also the Scientific Director of the Centre for Menstrual Cycle and Ovulation Research (CeMCOR).

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Estrogen's Storm Season-Jerilynn C. Prior 2017 "This fiction book begins as eight frustrated midlife women-from all walks of life-meet Dr. Kailey Madrona, a woman specialist. All are in perimenopause, the long and chaotic transition to menopause. They are as different as women can be-yet they share the mysterious experiences of

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Details & Specs. Title: Estrogens Storm Season: Stories Of Perimenopause Format: Paperback Product dimensions: 276 pages, 8.98 X 6.1 X 0.73 in Shipping dimensions: 276 pages, 8.98 X 6.1 X 0.73 in Published: July 1, 2005 Publisher: CemCor Language: English.

~~Estrogens Storm Season: Stories Of Perimenopause, Book by ...~~

Dr. Jerilynn Prior tells the story of women in perimenopause through a unique blend of storytelling and scientific fact. This innovative approach to helping women earned Estrogen's Storm Season a 2006 Independent publisher's book award in the Health category (see press release). How to order an ebook copy Estrogen's Storm Season:

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In Estrogen ' s Storm Season she uses storytelling to carry her message by personifying the main challenges of perimenopause. Perimenopause begins when the first symptoms appear and lasts until one year after the last menstrual cycle. In her book, Dr. Prior carefully documents the stages of perimenopause.

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Estrogen's Storm Season: stories of perimenopause Kindle Edition by Dr. Jerilynn Prior (Author) Format: Kindle Edition. 4.9 out of 5 stars 10 ratings. See all formats and editions Hide other formats and editions. Amazon Price New from Used from Kindle Edition, Dec 20 2017

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Estrogen's Storm Season: Stories of Perimenopause Prior, Jerilynn. ... she emphasizes that the symptoms are owing to the unbalanced rise in estrogen levels during perimenopause—a period leading up to the cessation of menstruation and continuing for twelve months after the last flow. ... Medical humanities instructors could profitably excerpt ...

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But the book is also an excellent educational tool, an aid for understanding this stormy season in women ' s lives and for decoding midlife mysteries. To quote Christiane Northrup, MD, “ Estrogen ' s Storm Season provides perimenopausal women (and their healthcare providers) with brilliant insights and practical solutions to help them weather the rigors of this important life stage. ”

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Estrogen ' s Storm Season is now available in BOTH print and eBook (Mobi and ePUB) versions! All royalties support CeMCOR research. It is full of lively, realistic stories with which women can relate and evidence-based, empowering perimenopause information. It was a finalist in 2006 for the Independent Publisher Book Award in Health.

~~CeMCOR—celebrating 15 years & Estrogen's Storm Season ...~~

Mavis Dixon. 5.0 out of 5 stars Life saver with practical advice for menopausal women. Reviewed in Canada on February 12, 2019. Estrogen Storm Season is a book I've bought and given away a few times to friends like me who are experiencing alarming and unexpected symptoms from menopause.

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But the book is also an excellent educational tool, an aid for understanding this stormy season in women's lives and for decoding midlife mysteries. To quote Christiane Northrup, MD, “ Estrogen's Storm Season provides perimenopausal women (and their healthcare providers) with brilliant insights and practical solutions to help them weather the rigors of this important life stage. ”

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